# HEALTHCRAFT Home Safety Planner

Customer Name: \_\_\_\_\_

Date: \_\_\_\_\_

# **Support Information:**

#### **Pre-Visit Preparation:**

Email your client the Home Safety Checklist beforehand. Involve all family members or decision makers when reviewing this document.

#### How to Assess a Client's Needs:

Clients don't always know what they need to make their home safer. Offering to check for common safety solutions that have helped others, can guide them toward the best options. The most important step is to get them to SHOW YOU how they perform a task or movement while you observe:

- Where do they reach for support?
- Where do they have difficulty or discomfort?
- Where do they have mobility issues?
- How could a product make things easier or safer?
- How do risks increase when fatigued or during the night?
- Signs of unsteadiness, discomfort, or excessive effort?

#### For On-Site Use:

Bring either a printed or digital version of this Home Safety Planner to your assessment. It's helpful to bring visual aids - show brochures, images, or videos of fall prevention products.

#### **Detailed Notes:**

Record all product discussions, including variations on this Home Safety Planner (e.g., lengths, finishes, weight capacities).

#### **Personalized Plans:**

Use this Home Safety Planner to create a tailored safety plan, bundling product solutions specific to the client's needs

#### **Comprehensive Quote:**

Include both product and installation costs. Include Hollow Wall Anchors to ensure product installation is exactly where they are needed.

Additional support resources can be found at www.healthcraftproducts.com/reseller

#### 1: Entering the Home, Steps and Thresholds (Front Entrance, Garage, etc.)

**Assessment:** *"Show me how you get in and out of the door and over the step".* Consider all doors including garage. Look for where they hold the door frame, how they balance when stepping over the threshold, and whether there are railings to hold onto.

#### Key Notes:



# 2: Living Room (Beside Chair / Sofa / Lift Chair)

**Assessment:** "Which is your favorite chair?" or "Where do you sit to watch TV?" "Show me how you get out of your chair". Observe the height of the chair and ease of getting up. "Do you feel steady once you are standing or would you prefer something to hold onto?"

#### Key Notes:



# 3: Getting Onto / Off of a Stairlift

**Assessment:** "Are you enjoying your new stair lift? Can I see how you use it?" Observe getting on and off the seat at top and bottom. If there is a bit of a wobble "Would you like a little extra support here?"

#### Key Notes:



# 4: Getting On and Off the Toilet

**Assessment:** *"Show me how you get up from the toilet".* Observe that they sit down with control and stand up with control, what they hold onto, and the standing balance to manage clothing. Observe how they get to the sink and where they hold for stability. Consider how this may be more difficult at night.

#### **Key Notes:**



# 5: Bathing and Getting In / Out of the Shower

**Assessment:** "Do you bathe in the bottom of the tub or do you stand to shower? Does stepping in and out feel as steady as it should be?" Consider placement of supports so that both hands are supported through the whole transition.

### Key Notes:



## 6: Tub / Shower Seating

**Assessment:** "Have you considered sitting to shower? It is safer to be seated when washing hair or lathering up." If they do not have balance when their eyes are closed, have endurance, or get short of breath, they need to be seated for safety. "Let's figure out the best height to make it easy to stand up."

#### **Key Notes:**



# 7: Moving and Getting Into / Out of Bed

**Assessment:** "Show me how you get into bed and the position for sleeping." If you observe some effort "Would having a rail at pillow height help you move easier?" Put your arm in place, like a grab bar to hold. "When you stand, would you feel safer having a rail to hold onto while you get your balance?"

#### **Key Notes:**



#### 8: Kitchen

**Assessment:** "Are there any open areas where you don't feel safe or supported? Show me how you would get items from the fridge to the table." Observe balance issues when carrying items in both hands and where support might be beneficial. "Show me how you get up and down from the table."

#### Key Notes:

Moving / Support	Seating / Standing at Table	Product Options	
		0	
		EasyMount	SuperPole
		Grab Bar	With Superbar
		Length: Finish:	Ceiling Height: 300lbs or 450lbs